

Karri Country Good Food Membership

I wish to apply for membership of
Karri Country Good Food Inc

First name _____

Last name _____

Street address _____

Postal address _____

Phone _____

Mobile _____

Email _____

I agree to abide by the rules of the association,
Karri Country Good Food Inc, and support its
objectives.

I enclose the membership fee of: \$10.00

(membership is annual from 1 July to 30 June)

Membership fee paid:

Signature: _____

Date: _____

Can be mailed to:
PO Box 115
Northcliffe WA 6262



Karri Country Good Food Inc is an incorporated body and its Objectives are:

- ◆ To educate people about growing organic produce and sustainable living;
- ◆ To promote healthy eating habits and lifestyle choices;
- ◆ To encourage the community to buy and sell local produce;
- ◆ To provide good quality food at an affordable price;
- ◆ To build a sense of community through co-operation and collaboration;
- ◆ To undertake other activities compatible with the above objects.

Just some of our growing range of goods

Nuts
Tahini
Honey
Cheese
Legumes
Deli items
Dried fruit
Health drinks
Teas & coffee
Flours & grains
Oils and sauces
Dried vegetables
Herbs,spices & seeds
Biscuits & confectionary
Fresh local fruit and vegetables

More information on the web page at
<http://www.karricountrygoodfood.com/au>



THE PLACE FOR ORGANIC AND FRESH LOCAL FOOD

Lot 13 Wheatley Coast Road
Northcliffe

Shop opening hours:

Wednesday 2pm to 5pm
Friday 2pm to 5pm
Saturday 9am to 1 pm

Contacts

Chairperson
Evan Thompson 9776 7308

Email: kcgf@westnet.com.au

Karri Country Good Food Inc is a local volunteer enterprise

Have you noticed how good the shop looks after its makeover?

The shop is run by volunteers and open on 3 days a week. It could open more often with your help

So become an active member As little as 3 hours a month would be great, either serving in the shop or packaging bulk stock

Bring along a friend to help!

Or help make a demonstration organic garden on site ?

Would you prefer to help in some other way - see ideas on the next page:

Members:

Can buy local produce, organic and other foods that may not be otherwise available locally and at a discount.

Can sell their produce at the shop

Belong to a local group that supports healthy living

Members can

- ◆ Bring goods back from Perth
- ◆ Sell or donate any of your surplus vegies, fruit, plants, seeds, eggs etc.
- ◆ Offer to collect surplus fresh food for sale from other members who live nearby.
- ◆ Encourage anyone who makes jam and pickles to join.
- ◆ Suggest new produce to sell
- ◆ Be on the committee

Suggest ideas for extra fundraising

- ◆ Get together with other members or for a Sundowner on Fridays when the shop closes.
- ◆ Bring in recipes to share - start up a collection and turn it into a book.
- ◆ Run a cooking class
- ◆ Buy something new or try a new recipe
- ◆ Plan/run an organic gardening group/class
- ◆ Suggest ideas for selling to Bibbulmun track walkers
- ◆ Create a web site - sell online
- ◆ Write something for a newsletter or help put one together.
- ◆ Encourage other people to become members

I would like to be an active member of Karri Country Good Food Inc

Name: _____

Phone: _____

Email: _____

I would like to:

Be a volunteer for the shop roster, my best days would be:

Weekdays

Saturdays

Be a volunteer to pack produce

Please call me about this

All volunteers will be trained by an experienced member when first starting

Other ideas I am interested in :

Please leave this form in the Suggestions Box at the shop or post to:
PO Box 115, Northcliffe WA 6262